



INFORMATION FOR PRIVATE CLIENTS

Private ADHD Assessment

We can carry out an Attention Deficit Hyperactivity Disorder (ADHD) assessment to evaluate whether you meet the criteria and to understand how ADHD symptoms may be impacting your daily life to assist you to live your best life.

ADHD is a neurodevelopmental condition that affects focus, organisation, impulse control, and executive functioning. While it is often diagnosed in childhood, many adults may not realise they have ADHD until later in life, often after struggling with symptoms for years. Our Senior Clinical Psychologist is qualified and experienced to assess your ADHD symptoms to ensure a thorough understanding of your unique challenges and strengths.

What should I expect during an assessment?

- Initial Screening (optional): A focused session to identify key symptoms and determine if a comprehensive assessment is recommended.

Comprehensive screening includes:

- Clinical Interview: A detailed discussion about your history, symptoms, and any difficulties experienced in daily life.
- Standardised Questionnaires: You may be asked to complete self-assessment tools or rating scales to evaluate ADHD symptoms.
- Developmental History: Gathering information about your childhood behaviour, which may involve speaking with family members (optional).
- Additional Evaluations: In some cases, cognitive testing or screening for co-occurring conditions (e.g. anxiety, depression) may be recommended.

Pricing

Private ADHD Assessment	
Item	Price (incl GST)
Initial Screening Session only (optional)	\$300
ASSESSMENT	
3-hour comprehensive assessment	\$862.50
Provision of structured diagnostic report	\$402.50
TOTAL ASSESSMENT	\$1265
Where necessary referral letter to psychiatrist	Additional \$115

You can make use of this service privately and pay using a credit or debit card. Alternatively, you could approach your employer to aid you with the cost of the assessment.



If you would like to book an ADHD assessment, please fill in the form by scanning the QR code.

If you have any questions please email nsc@eapservices.co.nz >